

## BALSAMIC PLANT-BASED SALAD DRESSING

1 T stone ground mustard (I use Trader Joe's)

1 T real maple syrup (I use half the amount – depends on your taste)

3 T Neopolitan Alfonso's gourmet balsamic vinegar (Trader Joe's Plaza – south side)

Note: There are many delicious balsamic vinegars at Alfonso's – I have used peach and black fig – both giving very different flavors

Mix all ingredients together. Refrigerate.