

CHERRY SOFT-SERVE ICE CREAM

By Lucy Fairweather

Makes 4 Servings
Ready In: 10 minutes

INGREDIENTS:

4 medium-sized bananas, cut into 1-inch pieces and frozen
1 cup frozen cherries
1/2 teaspoon vanilla extract
1 tablespoon to 1/4 cup unsweetened almond milk, as needed
2 tablespoons mini vegan chocolate chips

This is a vegan version of Ben and Jerry's Cherry Garcia ice cream. It's a delicious, refreshing, and guilt-free soft-serve dessert.

From *The Abundance Diet*

Instructions:

1. In a food processor, combine the frozen banana pieces, cherries, and vanilla extract.
2. Process until creamy, adding almond milk one tablespoon at a time as necessary.
3. Pulse in the chocolate chips. Serve immediately.

Photo by Ann Oliviero

Find this recipe and more in the *Forks Over Knives Recipe App*.

